

Volume 42 Number 8

Capital Area Service Committee of Narcotics Anonymous

Rachelle, Area Chair, opened the 442nd meeting of CASNA on 08/02/2026, at 2:02 PM, with the Serenity Prayer. **Nancy U.** read the 12 Traditions, and **Stephen T.** read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts GSR count/Attendance/Welcome new GSRs/New Meetings
Correction/approval of the minutes Orders of the day

1. Discussion of motions will be limited to GSRs or a group representative only (supported by the 9th concept). Extended discussion rests with the chair.
2. A member may speak once on an issue.
3. The Chair must recognize a member to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. For an item to be placed on the agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once on a discussion topic for a maximum of 5 minutes. Opening the Treasurer's report Groups with problems/Group reports:

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurer's report

Quorum: 8

GSR count: 14 @ 2:07 PM 14 @ 3:01 PM

Attendance notes:

Open Positions: Vice Treasurer and Unity Chair

*****Next Area Meeting is on 09/13/2026*****

New GSRs: Troy for Something to Fear

New Meetings: None to report

Corrections to Minutes:

Orders of the Day:

Opening Treasurer's Report: See Attached

Groups with Problems: The Ties That Bind Us Together is still struggling and needs support. Peggy L.

Group Reports:

Acceptance- Tues 7-8 PM- 64 E North St. Carlisle, PA- No report

All Are Welcome- Wed 7-8:15 PM- 54 Bank St. Harrisburg, PA - All is well with the All Are Welcome group. We get a lot of newcomers from facilities. We carry a message of NA recovery. We made a donation and have a literature order. Nancy U.

Any Lengths- Thurs 7:30- 8:30 PM- 210 W. Main St. Hummelstown, PA- No report

Back to Basics- Wed 7 - 8 PM- 135 W Simpson St, Mechanicsburg, PA- No report

Bottom Line- Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA - Group is doing well, no issues! Attendance is 50+ daily and we are making a donation of \$100. Upcoming event Sept 25 - 26th (2 day Speaker Jam). Thanks for allowing me to serve, Rich B.

Clean and Free- Sat 12-2 PM- 750 S 29th St. Harrisburg, PA- No report

Commitment to Change- Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Cut and Dry- Fri 7- 8:30 PM 914 S 21st St, Harrisburg, PA (21st & Derry)- No report

Desire to Grow- Tues 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA - No report

Exodus to Genesis- Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- No report

Gathering Place, The- Sun 6-7 PM- 323 Reno St, New Cumberland, PA - No report

H.A.N.A- Fri 6:30- 8 PM 901 N 6th St, Harrisburg, PA- No report

Honesty- Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- Attendance has been strong and consistent. We are planning another BINGO Night for October 12, 2026. Home group attendance has been strong as well. Thank you for letting me be of service. David P.

H.O.W Group- Mon 5:30 PM – JFT 300 Market Street Lemoyne, PA- No report

Just for Today- Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- No report

Just for Tonight- Sat 8- 9 PM- 300 Market St, Lemoyne, PA- no report

Life or Death- Sun 7-8 PM- 221 S 2nd St, Steelton, PA - Home group is growing more & more. No literature requests and no new updates. Home group members have grown as well. Home group is starting to plan our 40th anniversary meeting to be held Oct. 17th 2 - 6PM in collaboration with the Unity Committee. Ally M.

Linglestown Meeting- Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No report.

Lunch Bunch- Mon-Sat 12- 1 PM 309 Herman Ave, Lemoyne, PA (In person & Zoom) - No report

Message of Hope- Fri 7-8 PM- 4685 Mt Zion Dr, Enola, PA- No report

Nothing to Fear- Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- No report

O.D.O.P.- Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA - No report

Only Hams are Cured- Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA - We are doing well. Our attendance has increased. We are able to pay our rent, and get literature. And we are working together. Marlin J.

On Life's Terms- Mon 6:30- 8:15 PM- 901 N. 6th St, Harrisburg, PA- No report

Saturday at Swatara- Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No report

Share and Care- Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- No report

Steps and Traditions- Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- No report

Steps to Freedom- Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- Group is doing well. Always looking for new members. Derek C.

The Ties that Bind Us Together- This group is struggling. We receive anywhere from 2 - 10 people weekly. We are struggling for members and active home group members. Peggy L.

Twisted Sisters Tues 7- 8 PM- 323 Reno St., New Cumberland, PA- All is well. Jan A.

Value of Life- Sun 6- 7 PM- 130 Nittany Dr, Mechanicsburg, PA- Attendance remains moderate, but we continue to attract a number of newcomers. No problems to report. Thanks for allowing me to serve, Stephen T.

We Do Recover- Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Subcommittee Reports:

Audit: Had our first official Audit Committee Meeting. In attendance was Chair, David P. and Stephen T. Absent from the meeting was co-chair Sean B. We discussed setting up the Area Audit for sometime in the month of August at the Silver Spring Diner. We will have the results of the Audit at the next Area.

Hospitals & Institutions: Jan A. started the meeting at 12:40 PM. 5 panel leaders attended and 1 member is ready to be voted in as a panel leader.

Facility Reports:

- Arkview - is on Tuesdays 7:30 - 8:30 PM. Jim and Jody no report.

- C-90 - is on Thursdays 7 - 8 PM. Marlin and all is well.
- Common Ground- is on Thursdays 6 - 7 PM. Jan A. and Cesar J. split the commitment and all is well.
- Conewago - is on Mondays 7 - 8 PM. Matthew B. no report.
- DCP Women's – is on Mondays 3:30 - 4:30PM. Georgeanna & Jan, all is well.
- DCP Men's – is on Mondays 3:30 - 4:30PM. Marlin, all is well.
- New Insights – is on Saturdays 7 - 8 PM. Damian, no report.
- Women's Work Release (DC) – is on Wednesdays 7 - 8PM - Georgianna, all is well.
- Men's Work Release (DC) – is on Tuesdays 7 - 8 PM. Marlin, all is well.

Zach was voted in as panel leader and will be splitting Common Ground with Jan. We discussed that if members are not present they need to call Morgan, Jan or Cesar and give a report. Morgan B.

Literature: *Pending*

Marathon: Marathon committee is planning a bowling party on Oct 10th, 2026. We will be selling soda & water along with some snacks. Tickets are on sale for \$20.00 (that includes shoes). The event will be held at Trindle Bowl. Flyers were distributed. The committee is looking for trusted servants who are willing to serve. We held a meeting last week to get our event off the ground. Lisa H.

Marathon Treasurers Report: No report

Policy: The Policy Sub-committee met once since the July Area meeting. The Policy Guide has been completely reformatted and updated with new policies. It is available on the CASNA.info website. Thank you for allowing us to serve. Stephen T. & Heather B.

Public Relations: Today we had our first commitment of the year. It was for the Church here where we have Area and where ODOP meets. We spoke and elaborated on who we are and stuff for the congregation. Our vice-chair couldn't make it, so I got our literature vice-chair, aka Tyler, to come with. The congregation was very nice and appreciative of us coming there to speak. Cesar J.

RCM: See attachment below and note that the Area body will not meet again until after the next Regional Service meeting - Home Groups need to contact Nancy U. or Francois to share their opinion for the discussion in September. Nancy U. (717)379-4722 or Francois (484)751-3334

Unity Committee: The Unity Committee is picking up the pieces from the inconsistency with active members that we are sorting out! Upcoming events August 15th, Sept 7th cookout, Sept 19th, Oct 17th collab with Life or Death group (flyers available). Corrections on flyers are Monday Sept 7th, 12 - 8PM Thanks for allowing me to serve, Rich B.

Unity Treasurers' Report: *Pending*

Elections: None

New Business:

M07.26 P1 - To have a literature subcommittee guideline that chair/vice-chair be responsible to forward all meeting list updates to webservant ~~immediately~~ **1 week after** following area service meeting and/or time of update from home groups. Intent: to create a single point of accountability and direct communication for information to be relayed between area service and webservant. Amended Intent: Give literature a reasonable period of time to complete updates. Written by: Jan A. 2nd by David P. **Discussion September, Vote October**

House Keeping Motions:

M08.26 H1 - Move Area in September from 09/06/26 to 09/13/26. Intent: Due to the Labor Day holiday. Written by Georgeanna W. 2nd by Lisa H.

Old Business:

M07.26 P2 - To change policy from Unity monthly donation at \$5 to a donation. Intent: to clear up any confusion about admission and donation for treasurers reports. Written by: Peggy L. 2nd by Heather B.

Discussion August, Vote September ***Tabled to be rewritten to clear up confusion*** Yay 6 - 3 - 3 Nay

Discussion Topics: None

ATTENDANCE

Position	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Area Chair	P	P	P	P	P	P	A	P				
Area Vice Chair	P	P	P	P	P	P	P	P				
Secretary	P	P	P	P	P	P	P	P				
Vice Secretary	O	P	P	P	P	P	A	P				
Treasurer	P	P	P	P	A	P	P	P				
Vice Treasurer	O	O	O	O	O	O	O	O				
Audit Chair	/	/	/	/	/	/	/	P				
Audit Vice Chair	/	/	/	/	/	/	/	A				
Unity Chair	P	P	P	P	P	P	P	P				
Unity Vice Chair	P	A	P	A	P	P	P	P				
Unity Treasurer	P	P	P	P	P	A	P	P				
Unity Vice Treasurer	P	A	P	A	A	O	O	A				
RCM	A	P	P	A	A	P	P	P				
Alt RCM	O	O	P	A	P	P	A	P				
H&I Chair	P	P	P	P	P	P	P	P				
H&I Vice Chair	P	P	P	P	P	P	P	P				
PR Chair	P	P	P	P	A	A	P	P				
PR Vice Chair	P	A	A	P	A	P	A	A				
Literature Chair	P	P	P	P	P	P	A	A				
Literature Vice Chair	P	P	P	P	P	P	A	P				
Policy Chair	P	P	P	P	P	P	P	P				
Policy Vice Chair	P	P	A	P	P	P	P	A				
Marathon Chair	P	P	P	P	P	P	P	P				
Marathon Vice Chair	P	O	P	A	P	A	A	A				
Groups												

Acceptance	A	A	A	A	A	A	P	A				
All Are Welcome	P	A	A	A	P	P	P	P				
Any Lengths	A	A	A	A	A	A	A	A				
Back to Basics	P	P	P	P	P	P	P	P				
Bottom Line	P	P	P	P	P	P	P	P				
Commitment to Change	A	A	A	A	A	A	A	A				
Cut and Dry	/	/	/	/	/	P	A	A				
Desire to Grow	P	P	P	P	P	A	P	A				
Exodus to Genesis	P	A	A	P	A	P	A	A				
HANA	A	P	A	P	P	A	P	A				
Honesty	A	A	P	A	A	P	P	P				
HOW	A	A	A	A	A	A	A	A				
Just for Today	P	P	P	A	P	P	P	P				
Just for Tonight	A	A	A	P	A	A	A	A				
Life or Death	P	P	P	P	P	P	P	P				
Linglestown Meeting	A	A	A	A	A	A	P	A				
Lunch Bunch	P	P	A	A	A	A	A	A				
Message of Hope	/	/	P	A	P	P	P	A				
Nothing to Fear	/	/	P	P	P	P	P	P				
ODOP	P	P	P	P	P	P	P	A				
Only Hams Are Cured	P	P	P	P	P	P	P	P				
On Life's Terms	A	P	P	A	P	A	A	P				
Saturday at Swatara	A	A	A	A	A	A	A	A				
Share & Care	A	A	A	A	A	A	A	A				
Step & Tradition	P	P	P	P	P	P	P	P				
Steps to Freedom	/	/	/	/	/	/	/	P				
The Ties That Bind Us	A	A	P	P	P	A	P	P				
Twisted Sister	P	P	P	P	P	P	P	P				
Value of Life	P	P	P	P	P	P	A	P				
We Do Recover	A	A	A	A	A	A	A	A				
Total Group Attendance =	17	16	17	16	16	17	18	14				

Area Body gave
Alt-RCM \$300.00
to host Region
an Region Donate
\$120.00 to the Area

ALT - RCM

GROUP REPORT

MEETING: _____

LOCATION: _____

TIME: Region Motion

That the Mid-Atlantic Region
remove the 2-cycle voting procedure from
Regional Policy and become a single-session
voting process, consistent with existing Policy
Section 0004 (Voting Policies and Procedures)
and the Regional Bylaws, which establish
RCM (or Seated Attorneys) as the voting
body carrying group conscience at the time of
the RSC meeting

Intent: To return Regional voting procedures to
alignment with the traditions and concepts of
NA by reaffirming the role of RCMs as
Trusted Servants entrusted to carry group
conscience at the time of their Areas with the
confidence to participate fully in decision-making at the
Regional level, and to ensure that voting procedures
remain consistent with existing bylaws and Policy,
which define quorum, voting authority, and group
conscience with regarding to a 2-cycle voting process.
This motion supports Tradition 2. Our leaders are
but trusted servants. They do not govern. Concept 2
Final responsibility and authority rest with
the NA groups

SIGNED (PLEASE

PRINT): _____

Sub - Mason Dixon Area

Sec - York Area

J. Fluv
Nancy U

0626P1

MID-ATLANTIC REGION OF N.A.

MOTION SUBMITTING FORM

MOTION: That the Mid atlantics Region remove the two-cycle voting procedure from Regional Policy and ^{become} ~~return~~ to a single-session voting process, consistent with existing Policy Section 0004 (Voting Policies and Procedures) and the Regional Bylaws, which establish RCMs (or seated Alternates) as the voting body carrying group conscience at the time of the RSC Meeting

INTENT: To return Regional voting procedures to alignment with the Traditions and Concepts of Narcotics Anonymous by reaffirming the role of RCMs as trusted servants entrusted to carry group conscience at the time of their service; to recognize that RCMs are elected by their Areas with the confidence to participate fully in decision-making at the Regional level; and to ensure that voting procedures remain consistent with existing Bylaws and Policy, which define quorum, voting authority, and group conscience without requiring a two-cycle voting process. This motion supports: Tradition 2: "Our leaders are but trusted servants; they do not govern, Concept 2: Final responsibility and authority rests with the NA groups

SUBMITTED BY: Mason Dixon Area **POSITION:** RCM

SECONDED BY: York Area **POSITION:** RCM

RESULT: PASSED FAILED AMENDED TABLED WITHDRAWN

VOTE: YEA NEY ABSTENTIONS

*All motions affecting Regional Policy should be submitted to the Regional Policy Chairperson prior to being submitted to be checked for wording problems which may be misinterpreted in the future.

PG 2

MID-ATLANTIC REGION OF N.A.

MOTION SUBMITTING FORM

Concept 3: Groups delegate authority to the service structure

Concept 4: Effective leadership is highly valued in NA

Concept 6: Group conscience is the spiritual means for decision-making

Concept 7: All members of a service body share responsibility and participation

Concept 8: Integrity and effectiveness of communication are essential

SUPPORTING LANGUAGE — VOTING ONLY

Removal of Two-Cycle Voting Procedure

Bylaws and Regional Policy Alignment

1. SUPPORTING BYLAW LANGUAGE (VOTING)

A. Quorum – Bylaws Article V, Section 5.05

“A quorum shall consist of a majority of the Directors present at any meeting of the Board of Directors.”

Voting Impact: The Bylaws establish that voting occurs at a meeting with quorum present. The Bylaws do not require delayed voting, second-cycle approval, or additional voting sessions.

B. Manner of Acting – Bylaws Article V, Section 5.06

“Except as otherwise provided by law or in this section, an act of the majority of the Directors present at a meeting at which a quorum is present shall be an act of the Board.”

Voting Impact: The Bylaws support real-time voting authority and majority rule once quorum exists.

C. Voting Authority – Bylaws Voting Statement

“Each Director will cast one vote. Alt. RCMs will only be allowed to vote when the RCM is not present to cast their vote.”

Voting Impact: The Bylaws establish who votes and representation authority.

2. SUPPORTING REGIONAL POLICY LANGUAGE (VOTING)

A. Voting Body – Policy 0004.14

“To have RCMs (or Alt RCMs, in absence of RCM) be the only voting members of the regional service committee when voting on regional elections.”

Voting Impact: Policy establishes that RCMs/Alternates are the voting body.

B. Group Conscience – Policy 0004.07

“That only RCMs carrying a group conscience on any individual motion will be counted in the vote...”

Voting Impact: Policy recognizes that RCMs carry delegated group conscience.

C. Quorum – Policy 0004.01

“That this Regional body set a quorum for the voting body of this Region and that the quorum be set at 50% plus one.”

Voting Impact: Policy establishes the voting threshold for conducting business.

D. Policy Change Voting – Policy 0004.05

“That motions that create new policy and/or change existing policy require a 2/3 majority to pass.”

Voting Impact: Policy already includes protections for major decisions.

E. Notification Before Voting – Policy 0004.02 and 0004.09

“That 100% of the Regional body be notified of policy changes before a vote can be taken.”

Voting Impact: Policy already ensures Areas receive notice and discussion opportunity.

3. OVERALL VOTING ALIGNMENT

The current Bylaws and Policy already establish quorum, voting authority, group conscience requirements, voting thresholds, and notification requirements.

The governing documents do not establish mandatory two-cycle voting or delayed reapproval cycles.

4. CONCLUSION

Removing the two-cycle voting procedure does not alter voting authority, quorum, group conscience, notification requirements, or voting protections.

It restores alignment between delegated authority, trusted servant responsibility, and real-time Regional voting procedures.

CASNA MONTHLY TREASURER AUGUST

		Ck#
Opening Balance	\$2,150.66	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$650.66	
INCOME		
Group Donations	\$348.28	
Literature Income	\$638.95	
T-shirt match		
Region donation	\$120.00	
TOTAL INCOME	\$1,107.23	
EXPENSES		
Answer First		
Verizon	\$51.20	
Dex Media	\$10.70	
Area Rent	\$50.00	258
Meeting List		
Amanda Secretary	\$82.86	259
Litature	\$1,355.22	260
H I	\$55.40	
new checks from MEM1st	\$25.56	
TOTAL EXPENSES	\$1,630.94	

Working Balance	\$126.95
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$1,626.95
Marathon reserve	\$100.00
Less Reserve to T-Shirts	\$100.00
Balance Available to use	\$1,426.95

Group Donations		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$52.28	567288	
Any Lengths			
Back To Basics	\$20.00		
Bottom Line Group	\$100.00	567285	
Commitment To Change			
Cut & Dry			
Desire To Grow			
Early Bird Gets The Warm	\$25.00	567286	
Exodus To Genesis			
Gathering Place			
H.A.N.A.			
Honest Group			
H.O.W. Group			
Just For Today			
Just For Tonight			
Keeping The Hope Alive			
Life Or Death			
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope			
Nothing To Fear			
ODOP	\$110.00	567290	
Only Hams' Are Cured			
On Life's Terms			
Saturday At Swatara			
Share & Care			
Step And Tradition			
Steps To Freedom	\$20.00	567287	
The Ties That Bind Us			
Twisted Sister	\$21.00	567289	
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
Total Group Donations	\$348.28		